

**\*QUICK TIP\***



## **Mobile Crisis Unit**

**Crisis Unit Hotline: (844) 395-4432**

### ***Who We Are***

- The Goal of the Mobile Crisis Response Team is to reduce the number of involuntary Baker Acts through the active crisis intervention techniques in Florida's Circuit 20 (Charlotte, Lee, Hendry, Collier, and Glades counties). The Mobile Crisis Response Team (MCRT) consists of Case Managers, Peer Specialists, Master Level Clinicians, and a Licensed Professional each shift. MCRT are on call 24 hours a day, 7 days a week to ensure the safety of the community.

### ***Services Provided by the Center for Progress and Excellence (CPE)***

- 60-minute response time to the crisis location if the individual is having active suicidal or homicidal thoughts and/or ideation.
- SAFE-T Assessment. This is an evidence-based suicide assessment. It stands for Suicide Assessment Five-Step Evaluation and Triage.
- Service linkage within 48 hours of intervention.
- Wraparound mental health services with assigning a Peer Specialist AND a Case Manager to each client.
- 30–45-day Peer Specialist Intervention.
- 30 Day follow ups with Case Manager for 120 days.
- Outpatient Counseling utilizing a sliding scale fee can be accessed if applicable. If the child is already connected to a therapist, case management would not need to add another therapist.

### ***When to Call***

- If a child is having suicidal thoughts.
- If a child is having thoughts of self-harm.
- If a child is having increased symptoms of depression.
- If a child is having increased anxiety or panic attack.
- Feeling overwhelmed and don't know what to do.
- To obtain support with life stressors that are negatively impacting the mental health of a child.
- The 844 number above can be utilized for all crisis intervention calls and subsequent follow up calls.
- If there is a physical threat to a child's safety, call 911 first!