



**Did you know**  
**you can make an impact**  
**for generations in as**  
**little as an hour a week?**  
**It's True!**

## Introducing the Family Mentor Program

**Program Mission:** Each Mentor will work to build a committed and trusted relationship with parent(s) to help them define and meet goals to achieve and maintain greater self-reliance to prevent future involvement with the Child Welfare system.

**How Mentors Help:** Volunteer Mentors give compassionate, non-judgmental support to work with parents in the following essential areas:

- ▶ **Social Connection:** Helping parents develop social supports;
- ▶ **Hands-on Assistance:** Connecting parents with available benefits and services (such as food stamps, medical resources, free tax filing, etc.);
- ▶ **Friendly Visitation:** Offering a caring and supportive relationship in the spirit of “families helping families” to reduce feelings of isolation; and
- ▶ **Basic Parenting Assistance:** Assisting with parent education by teaching, coaching, and modeling healthy parenting.

## Become a Volunteer Mentor

Whether you have questions or are ready to begin your journey toward becoming a mentor, please contact us at:



**239-226-1524**, or email us at

**FamilyMentorProgram@cswfl.org**

We look forward to working with you and helping you change lives for good.

[www.childnetswfl.org](http://www.childnetswfl.org)